

	Product specification psyllium husks milled organic			
	Doc.-no. 807	Version: 04	Date: 08.05.2026	page 1 of 4

Product details	
Article number	00109K
Supplier (Specification only valid for goods from this supplier)	
Product name	psyllium husks milled organic
Legal name	psyllium husks
Country of processing	
Country of origin (for this article all possible origins are shown)	India other origins possible due to availability
Agricultural origin	Non-EU-agriculture
Product description	psyllium husk, dried, finely ground from organic agriculture according to regulation (EU) No. 2018/848
Botanical name	Plantago Ovata
Variety	
Production	
Customs tariff number	
List of ingredients	psyllium husks milled* *from certified organic agriculture
Product picture (Example photo, not batch-related, deviations possible)	
Preparation	Due to the high fibre content and swelling capacity, consume with plenty of liquid.
Usage	
Foods intended for human nutrition that are prepared and consumed according to the preparation recommendations.	
Risk when used as intended for „YOPI“ (Young, Old, Pregnant, Immunosuppressed)	
Potential advice for customers	

	Product specification			
	psyllium husks milled organic			
	Doc.-no. 807	Version: 04		page 2 of 4

Further product characteristics	
Vegan	Yes
Raw food*	No
Gluten free (< 20 ppm) according to analysis	No
Superfood	Yes
**Raw food" is not a uniformly defined term and there are different interpretations of it. For Covitar s.r.o. it includes products which are not heated above 45°C during the production process as well as sun-dried fruits. The temperatures during transport are not considered, as there are no sufficient reliable information on this. Mainly unrefrigerated containers and trucks are used. The information on manufacturing and process temperatures are based on surveys of our suppliers.	
Average nutritional information per 100g	
Energy (kJ / kcal)	849 / 203
Fat (g)	1.0
of which saturates (g)	0.1
Carbohydrate (g)	3.6
of which sugars (g)	0.5
Fibre (g)	82.0
Protein (g)	3.9
Salt (g)	0.280
Nutritional values may vary in natural products Source: Literature research	
Sensorial parameters	
Appearance/Colour	greyish-brownish
Flavour/Taste	characteristically, no off flavour and off odour
Consistency	fine powder
Chemical and physical parameters	
This is an automatically generated specification, not all parameters are applicable to every product.	
Moisture	max. 12 %
aw-value	
Water binding capacity	min. 40 ml/g
Purity	min. 95 %
Size	min. 60 mesh
unhulled seeds / kernels	
Broken kernels	
Foreign material	
Vegetable foreign material	max. 5 % (parts of plants or seed residues from the Psyllium plant.)
Morphine content	
THC content	
Fat content	

Product specification psyllium husks milled organic			
Doc.-no. 807	Version: 04		page 3 of 4

Free fatty acids		
Peroxid value		
Oil content		
Oil output		
Microbiological parameters according to DGHM guideline and warning values for raw, unground, whole oilseeds intended for supply to the consumer and for consumption without further heating, 2018		
	Reference value (cfu/g)	Warning value (cfu/g)
Total plate count	1.000.000	
E. Coli	10	100
Mould	10.000	
Präsumtive Bacillus cereus	100	1.000
Salmonella		n.d. in 125g
The microbiological parameters, unless confirmed by analysis, are reference and warning values which are subject to natural variations according to origin and harvest.		
Storage and shelf life		
Best before date	36 months from production date	
Storage advice	Originally packed, dry, keep away from light storage at < 20 °C, max. 65% atmospheric humidity	
Other storage advices		
Packaging		
Net weight per unit in kg	25.00 kg	
Packaging material (All possible packaging materials are shown for this article)	multilayer paper bag, paper bag with polyethylene (PE) inlay	
The packaging of product is in accordance to Comm. RG (EC) No. 1935/2004 and the Directives (EG) 10/2011 and 94/62.		
GMO Status		
The product is in accordance to Comm. RG (EC) No. 1829/2003 and Comm. RG (EC) No.1830/2003 and is not produced with GMO material.		
Ionizing radiation		
The product is not treated with ionizing radiation.		
Pesticides		
The product is in accordance to regulation (EU) No. 2018/848.		
Mycotoxines/Heavy metals		
The product corresponds to the Comm. RG (EU) No. 2023/915 and other currently valid amendments.		
Foreign impurities		
The complete absence of foreign impurities is not technically feasible. Within this limitation, the lowest technically possible level of impurities is taken care of.		
Pests		
The product is free of living pests in all states of development.		



Covitar s.r.o.
 Rybná 716/14, 110 00 Praha 1
 IČ: 03507503, DIČ: CZ03507503
 E-mail: tawiko@gmail.com

Checked by: Ing. Jagošová Andrea

Covitar s.r.o. Rybná 716/24
 Praha 1 110 00
 Czech republic
 Tel: + 420 734 393 011
 info@covitar.cz
 www.covitar.eu

	Product specification			
	psyllium husks milled organic			
	Doc.-no. 807	Version: 04		page 4 of 4

List of allergens according to Annex II of Regulation (EU) No. 1169/2011			
	Contained as ingredient	Cross contamination possible	Comment
Gluten-containing cereals	-	-	
Wheat	-	-	
Rye	-	-	
Barley	-	-	
Oat	-	-	
Spelt	-	-	
KAMUT® Khorasan wheat	-	-	
Hybrides	-	-	
Crustaceans and crustacean products	-	-	
Eggs and egg products	-	-	
Fish and fish products	-	-	
Peanuts and peanut products	-	-	
Soybeans and soya products	-	-	
Milk and dairy products	-	-	
Nuts and nut products	-	-	
Almonds	-	-	
Hazlenuts	-	-	
Walnuts	-	-	
Cashew	-	-	
Pecan nuts	-	-	
Brazil nuts	-	-	
Pistachios	-	-	
Macadamia	-	-	
Celery and celery products	-	-	
Mustard and mustard products	-	+	
Sesame and sesame products	-	+	
Sulphur dioxide and sulphites > 10 mg/litre expressed as SO₂	-	-	
Lupin and lupin products	-	-	
Molluscs and mollusc products	-	-	
n/a = not available			
The above information is based on details provided by our suppliers and has not been confirmed by analyses.			